



KGV

sodexo  
at SCHOOL

**MAKE YOUR VOICE HEARD**  
Every voice matters

**GIVE YOUR FEEDBACK TO US**



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**MENU MECHANISM**

- NUTS FREE**: All our meals are Nuts Free
- CAGE FREE**: All our eggs are Cage Free
- MADE IN HONG KONG**: Discover Locally Made products
- HK GROWN LOCALLY**: Savor Low Carbon footprint produce
- 50 FUTURE FOOD**: Ingredients good for Planet & Health

**GO & ENJOY**    All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

**OK BUT THINK**

**BE CAUTIOUS**    Our **Food Traffic Light** will guide students in making informed meal choices.

**ALLERGEN ALERT & FOOD ICONS**

- ALLERGEN DAIRY
- ALLERGEN EGG
- VEGETARIAN
- VEGAN
- MILD SPICY

*A Healthy and Balanced Diet Every Day!*

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Sodexo Hong Kong Website    Sodexo Instagram

**DISCLAIMER:**

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood. While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

Feb 9 - 13

# WEEKLY MENU



09/02 Monday

10/02 Tuesday

11/02 Wednesday

12/02 Thursday

13/02 Friday

**SOCIAL KITCHEN** | Monday: 10:30am - 1:30pm (Lunch: 11:30 - 1:30pm); Tuesday to Friday: 10:30am - 2:30pm (Lunch: 11:30am - 2:30pm)

|  |  |   |   |   |  |
|--|--|---|---|---|--|
| <b>Meal A</b><br>\$41 Takeaway<br>\$38 Dine-in |  | BBQ Pork w/ Rice  | Sweet & Sour Pork w/ Rice                         | Teriyaki Chicken Steak w/ Rice                    |  |
| <b>Meal B</b><br>\$41 Takeaway<br>\$38 Dine-in |  | Braised Chicken w/ Leek & Bell Pepper in Black Bean Sauce, Rice | Baked Fish Florentine w/ Pasta OR Rice            | Japanese-Style Napolitan Spaghetti w/ Bacon       |  |
| <b>Meal C</b><br>\$38 Takeaway<br>\$35 Dine-in |  | (V) Pumpkin Alfredo Pasta                                       | (V) Mexican Mixed Bean Stew w/ Rice OR Pita Bread | (V) Stir-fried Assorted Vegetable in Miso w/ Rice |  |

**BOWL** | Monday to Friday: Break 10:55am - 11:15am/ Monday Lunch 12:00nn - 1:15pm; Tuesday to Friday Lunch 1:15pm - 2:15pm

|                     |  |                                    |   |                          |  |
|---------------------|--|------------------------------------|---|--------------------------|--|
| <b>Bowl</b><br>\$41 |  | Pho Thap Cam (Pre-order Available) | Japanese Red Miso Soup U-don w/ Chicken Steak (Pre-order Available) | Stir-fried U-don w/ Beef |  |
|---------------------|--|------------------------------------|---|--------------------------|--|

**LEO'S Café** | Monday: 7:00am - 3:00pm; Tuesday to Friday: 7:00am - 4:00pm

|                          |  |                      |  |              |  |
|--------------------------|--|----------------------|--|--------------|--|
| <b>Salad Box</b><br>\$36 |  | Smoked Salmon Caesar | (V) Potato & Apple Salad in Thousand Island Dressing | Tuna Nicoise |  |
|--------------------------|--|----------------------|--|--------------|--|

**PIAZZA PIZZA** | Monday: 12:00pm - 1:15pm; Tuesday to Friday: 1:00pm - 2:15pm

|                                  |  |              |                |             |  |
|----------------------------------|--|--------------|----------------|-------------|--|
| <b>Pizza A</b><br>\$30           |  | Ham & Cheese | Bacon & Cheese | Meat Lover  |  |
| <b>Pizza B (Vegetarian)</b> \$30 |  | Marinara     | Margherita     | Trio Cheese |  |



Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus



Feb 9 - 13

# WEEKLY MENU



| 09/02 Monday                     |               |             | 10/02 Tuesday |   |             | 11/02 Wednesday |   |             | 12/02 Thursday |   |             | 13/02 Friday |               |             |         |
|----------------------------------|---------------|-------------|---------------|---|-------------|-----------------|---|-------------|----------------|---|-------------|--------------|---------------|-------------|---------|
| Nutrition Information (per 100g) | Energy (kcal) | Protein (g) | Fat (g)       | Energy (kcal)   | Protein (g) | Fat (g)         | Energy (kcal)   | Protein (g) | Fat (g)        | Energy (kcal)                                     | Protein (g) | Fat (g)      | Energy (kcal) | Protein (g) | Fat (g) |
| Meal A                           |               |             |               | BBQ Pork w/ Rice  |             |                 | Sweet & Sour Pork w/ Rice   |             |                | Teriyaki Chicken Steak w/ Rice                    |             |              |               |             |         |
|                                  |               |             |               | 135   | 9           | 3               | 212   | 12          | 10             | 156   | 7           | 4            |               |             |         |
| Meal B                           |               |             |               | Braised Chicken w/ Leek & Bell Pepper in Black Bean Sauce, Rice |             |                 | Baked Fish Florentine w/ Pasta OR Rice                              |             |                | Japanese-Style Napolitan Spaghetti w/ Bacon       |             |              |               |             |         |
|                                  |               |             |               | 110   | 5           | 4               | 152   | 12          | 5              | 169   | 6           | 9            |               |             |         |
| Meal C                           |               |             |               | (V) Pumpkin Alfredo Pasta                                       |             |                 | (V) Mexican Mixed Bean Stew w/ Rice OR Pita Bread                   |             |                | (V) Stir-fried Assorted Vegetable in Miso w/ Rice |             |              |               |             |         |
|                                  |               |             |               | 161   | 4           | 9               | 145   | 6           | 6              | 117   | 3           | 3            |               |             |         |
| Bowl                             |               |             |               | Pho Thap Cam (Pre-order Available)                              |             |                 | Japanese Red Miso Soup U-don w/ Chicken Steak (Pre-order Available) |             |                | Stir-fried U-don w/ Beef                          |             |              |               |             |         |
|                                  |               |             |               | 91  | 7           | 2               | 128   | 12          | 2              | 172   | 9           | 5            |               |             |         |
| Salad Box                        |               |             |               | Smoked Salmon Caesar  |             |                 | (V) Potato & Apple Salad in Thousand Island Dressing                |             |                | Tuna Nicoise                                      |             |              |               |             |         |
|                                  |               |             |               | 171   | 9           | 12              | 175   | 10          | 13             | 109   | 6           | 6            |               |             |         |



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